

KIDS KOTTAGE FOUNDATION



HISTORY

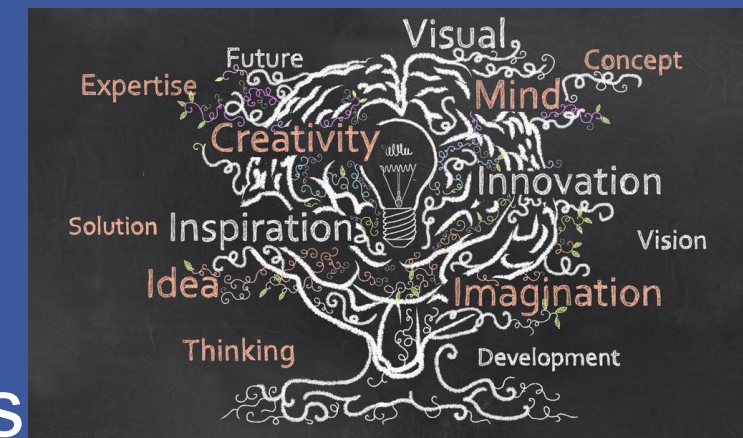
- Kids Kottage Foundation was founded in 1995 with the support of the community and leaders.
- Since 1995, Kids Kottage has provided safe shelter for more than 25,000 infants and children and has helped over 14,000 caregivers.
- Kids Kottage is Edmonton's first and only 24/7 emergency crisis shelter for infants and children.
- Our mission is to ensure that while keeping infants and children safe, we provide families with the resources they need to build a strong and resilient future.



They're so little they probably
won't remember, but we know
they do!



... rubbish; re
~y adj worthless
trauma /'trɔːmə
(m)



- Exposure to homelessness, poverty, emotional stability, and abuse affects children's brain development.
- Experiences and relationships, positive or negative, shape the brain and impact child's brain development.
- It's not just the emotional balance that gets upset by trauma; it also disturbs the delicate balance between our brain chemistry and the hormones that drive our central nervous system and child's entire being.



Programs Offered by Kids Kottage



Crisis Line

We operate a 24/7, 365 days a year crisis line for parents, caregivers and families in need.



Emergency Crisis Shelter

The Crisis Prevention Shelter offers emergency respite to families in crisis by admitting their children from 0 to 10 years old for up to 72 hours, free of charge.



Follow-Up Program

The follow-Up worker works with caregivers to identify deeper issues and connect them with community resources.

When a family is under toxic levels of stress, whether it be from exposure to homelessness, the effects of poverty, mental or physical health barriers, emotional instability, abuse, or whatever the case – so are the children – they are the hidden victims.



STATISTICS

In our Community

30,000 infants
and children live
in poverty.

Currently, 2656
people are
experiencing
homelessness in
Edmonton.

Indigenous women are
3.5 times more likely to
be victims of violence
than non-Indigenous
women.

36% of adults have
experienced some form
of abuse in their
childhood.

In Kids Kottage

90% of the children
admitted were from
single -mother
families.

70% of the infants
and children served
were of Indigenous
descent.

65% of the infants
and children were
living below the
living wage.

67% of the infants and
children are homeless
or going through
episodic
homelessness.

75% of the infants
and children
served were
exposed to some
form of abuse.

There comes a point where we need to stop just pulling people out of the river. We need to go upstream and find out why they're falling in.

- Desmond Tutu



According to the UN's Declaration of Rights of the Child, a child's right to have protection, education, health care, shelter, and nutrition.

It all comes back to why we're here - infants and children in need should never go without safety, shelter and food.

What we do is essential; many infants and children in our community are without the help they need!



That's why we are here, asking for help.

Help to continue creating safe spaces for infants and children!

Help to continue providing infants and children with the support and community they deserve!

Help to continue connecting families to the appropriate resources in the community!

Help to continue providing child-centric trauma-informed care to vulnerable infants and children!

Help to continue working for the safety and well-being of infants and children to create a more resilient tomorrow!

Help to continue helping the families and preventing them from falling into crisis!



"Don't give up on me!"

Sam, 5 years

By the time homeless children are eight years old, one in three has a major mental disorder.

