



Public Hearing – Respite to Recovery @ Mustard Seed Central

Item 3.17 & 3.18

November 6, 2023

Mission & Mandate

- **Community Health Centre**
- **Mission**
 - Primary Care & Health Promotion
 - Individuals with multiple barriers
 - Determinants of health

Respite to Recovery (R2R)

- **Why Radius?**
 - Community Nursing Station @ Herb Jamieson 1972-2019
 - Opportunity for connection to broader Radius services
- **Why now?**
 - Gaps in care for individuals experiencing homelessness
 - Health & criminal justice system pressures
- **Why this location?**
 - Need
 - Layout and increased capacity

Respite to Recovery Model

- **Staffing**
 - Registered Nurses, Licensed Practical Nurses, Social Workers +
- **Services**
 - Nurse-led health services
 - Social Supports

Male Patient – P.R., 30 years old

- Frequently seen at walk-in for psychiatric and other medical concerns
- Episodic stays at Nursing Station for total of 125 days over a 28 month period

Presenting concerns

- Severe mental illness
- Criminal justice involvement and anti-social behaviors
- Poor compliance with probation orders
- Recurrent, severe wounds
- Disconnect from family
- Use of several illicit substances
- Chronic Homelessness

Male Patient – P.R., 30 years old (con't)

Interventions

- Referred to AHS Mental Health team
- Facilitated connections to probation officer and court
- Support for adherence to medication regimen
- Support for maintenance of personal hygiene
- Dressing changes and treatment of wounds
- Facilitated connection to family
- Facilitated discharge to stable housing

Male Patient – P.R., 30 years old (con't)

Outcomes

- Stabilization of Mental Illness
 - Total of 14 ER visits
- Significant reduction in criminal activity
 - 4 incarcerations (61 days total)
- Fewer bannings from shelter and community agencies
- Decrease in wounds and infections
- Connected to mother
- Significant tapering of substance use
- Housing with Pathways to Housing program

Male Patient – P.R., 30 years old (con't)

Declining Outcomes after CNS closure in 2019

- Began refusing antipsychotic medications
- Significant increase in ER use and criminal activity
 - 40 ER visits
 - 4 incarcerations (547 days total)
- Regularly barred from shelters, sleeping outdoors leading to severe frostbite in both feet in December 2021

Discussion/Questions