

Extreme Heat and Disability

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> Sourced from the Lived Experience of members of the Self Advocacy Federation.

People with disabilities are often more sensitive to the heat. Lack of support can lead to bed sores or skin breakdown from the extreme heat.



Heat-Related Illnesses:

- People with disabilities are more vulnerable to heat-related illnesses.
- Many have medical conditions that make it harder to regulate body temperature or to sense or respond to rising heat.
- **Poor air quality** can also contribute to heat related illnesses



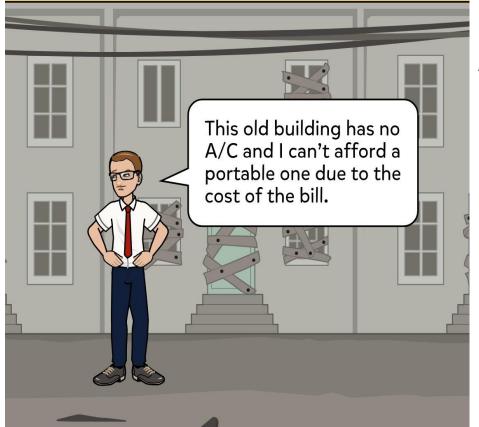
A typical summer day in extreme heat, without a way to cool down can affect a person's mental health and internal motivation.

Mental Health

Extreme heat can lead to:

- Lack of motivation and a depressed mood.
- Instability.
- Risk of injury to service animals.

People with disabilities living on AISH are often forced to live in buildings that aren't up to code and don't have A/C due to legislative poverty.



Housing Inequities And Housing Justice

People on **Income Supports** or **AISH**:

- Can't afford air conditioners.
- Can't afford increased power bills.
- Are forced to live in **substandard housing** that is old and doesn't meet current standards.

Climate Change is a poverty issue



Tenant's Rights

- Tenants should be able to use portable **air conditioners**.
- Tenants need to be **safe** and **comfortable**.
- Hold landlords accountable for implementation.
- MUST apply for all rental housing.
- **MUST** protect tenants from **renovictions**.

BYLAW BY 2025!



This Bylaw would:

• Decrease costs and strain on EMS

• Increased productivity and a healthier community.

• Housing for renters would be safer, which leads to lower costs overall.

THANK YOU FOR LISTENING!

