

Preventing and reducing alcohol-related harms in Edmonton



Why Municipal Alcohol Policy?^{8,9}



- ✓ Reduced underage access to alcohol
- ✓ Reduced community disruption
- ✓ Fewer injuries and hospital visits
- ✓ Reduced impaired driving
- ✓ Enhanced safety and reduced demand on security and police resources
- ✓ Reduced costs to taxpayers
- ✓ Reduced legal risks for local governments

Parks: part of your Healthy City strategic goal

- A space where connectedness and recreation flourishes without substance use



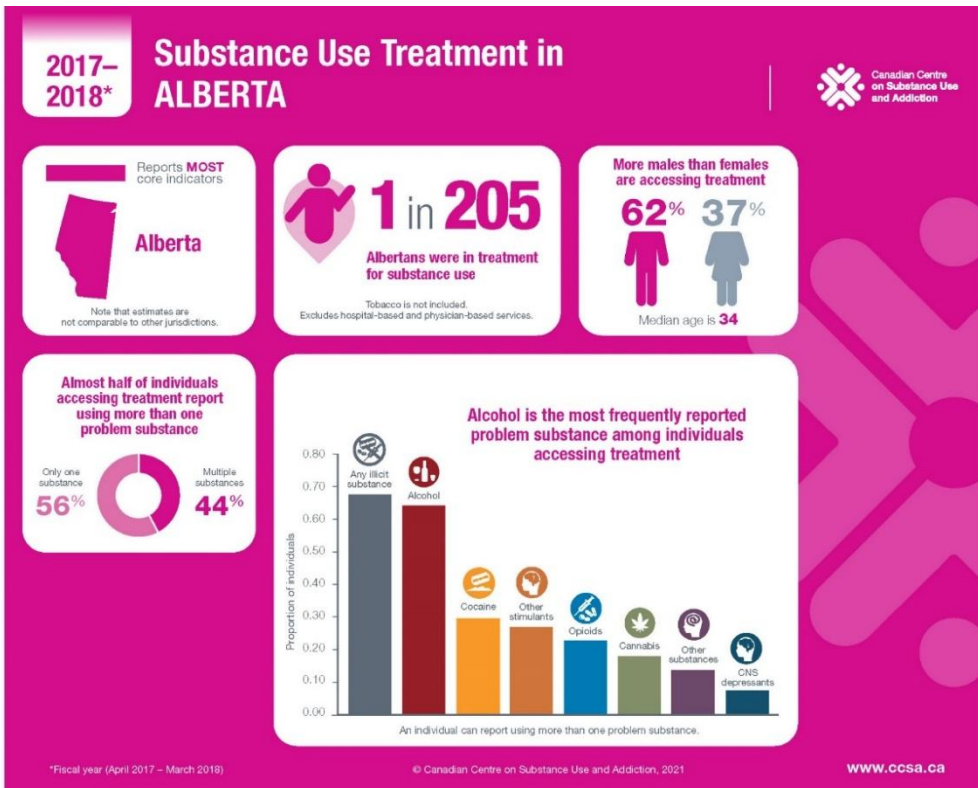
Parks: a place for children & youth

- A place of playgrounds
- A place of family interaction
- A place where exposure to alcohol and its harms are minimized
 - reduced exposure to public drunkenness, alcohol fueled family aggression, harassment as a passerby, criminal activity



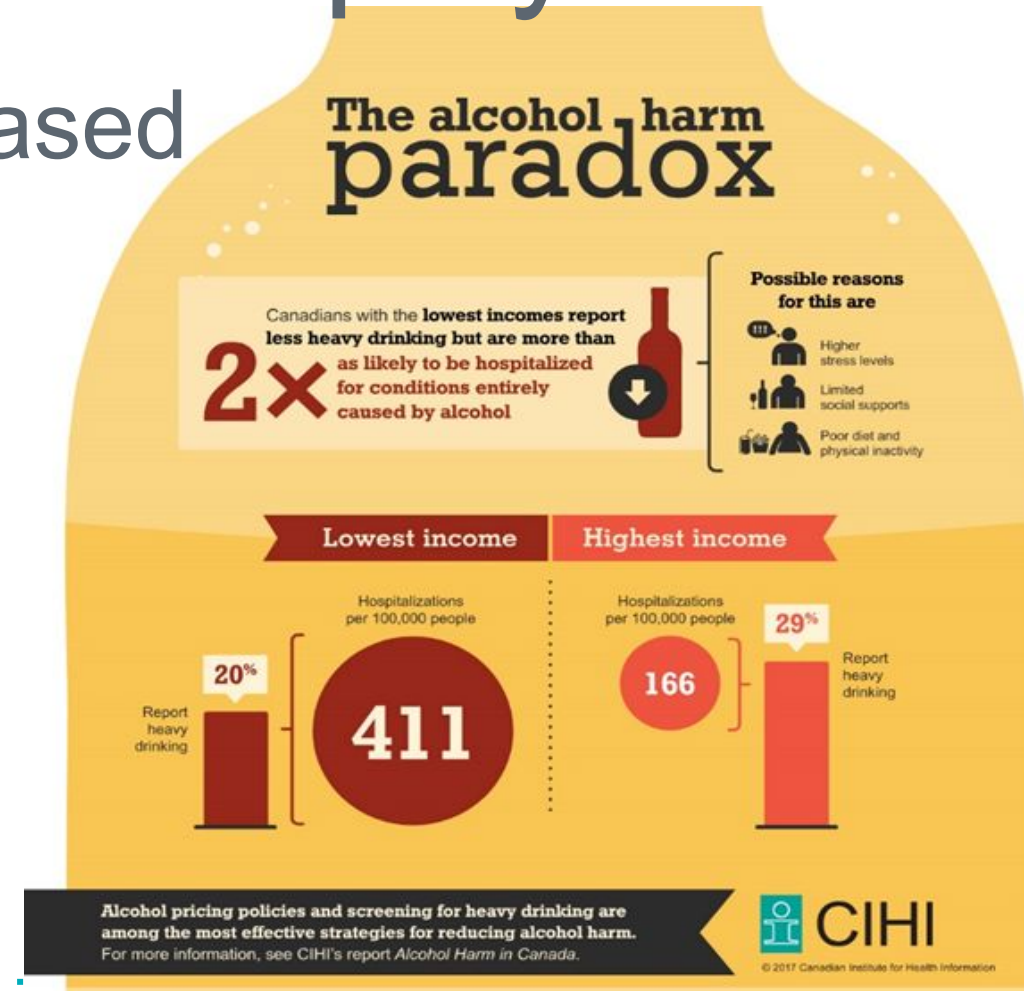
Parks: a place for recovery

- Social interactions without alcohol
- Physical fitness that supports treatment
- Outdoor experiences that soothe, relax and comfort, without fear of being triggered by other's alcohol use



Parks: a place of health equity

- Evidence clearly shows decreased alcohol availability:
- decreases alcohol use
- decreases alcohol-related harms
- **decreases harms for your lowest income residents the most, regardless of whether they themselves drink**



Parks: a place for non-drinking moments and days

- Encourages success with the requirement of **multiple non-drinking days every week** for every adult (*Canada's Low Risk Alcohol Drinking Guidelines*)
- Alcohol causes cancer; no safe level of use



CAPE Gold standard

Physical Availability of Alcohol

Reduce availability of alcohol through:

- decreasing density of public drinking locations
- increasing distance between public drinking locations
- increasing distance between a place children and youth frequent and a public drinking location
- increasing distance between an alcohol and drug treatment or support group location and a public drinking location
- limiting hours of service when public drinking locations are open

